

EASO

European Association for the Study of Obesity

EASO COMs SUMMIT



28-29 SEPTEMBER 2022
RENAISSANCE POLAT HOTEL
ISTANBUL, TURKEY



Please visit www.ecomagent.net/2022coms-bofe to register.



WEDNESDAY 28 SEPTEMBER 2022

COMs SUMMIT

08:45-09:00	OPENING	<i>Jason Halford (UK), Volkan Yumuk (Turkey)</i>	
09:00-10:45	SESSION 1 Chairs: Dilek Yazici (Turkey), Jason Halford (UK)		
09:00-09:30	ECPO Presentation	<i>Vicki Mooney (Spain), Bjargey Ingólfssdóttir (Iceland), Seniz Unal (Turkey)</i>	
09:30-10:15	Obesity Pharmacotherapy - Update	<i>Paolo Sbraccia (Italy)</i>	
10:15-10:45	MAFLD: Diagnosis and Management	<i>Andreea Ciudin (Spain)</i>	
10:45-11:15	COFFEE BREAK		
11:15-12:15	SESSION 2 Chairs: Taner Bayraktaroglu (Turkey), Paolo Sbraccia (Italy)		
11:15-11:45	Sarcopenic Obesity: Guidelines for Diagnosis	<i>Eleonora Poggiogalle (Italy)</i>	
11:45-12:15	EASO Medical Nutrition Therapy Recommendations	<i>Maria Hassapidou (Greece)</i>	
12:15-13:45	LUNCH		
13:45-15:15	SESSION 3 Chairs: Dilek Gogas (Turkey), Andreea Ciudin (Spain)		
13:45-14:15	Precision medicine: Patient Phenotyping	<i>Alex Miras (UK)</i>	
14:15-14:45	Rare Genetic Obesity	<i>Erica van den Akker (Netherlands)</i>	
14:45-15:15	A new EASO framework for the diagnosis, staging and management of obesity in adults	<i>Luca Busetto (Italy)</i>	
15:15-15:45	COFFEE BREAK		
15:45-17:15	SESSION 4 Chairs: Alper Sonmez (Turkey), Alex Miras (UK)		
15:45-16:15	Obesity in the Elderly	<i>Dror Dicker (Israel)</i>	
16:15-16:45	ACTION Teens	<i>Jason Halford (UK)</i>	
16:45-17:15	Dietary Interventions	<i>Cathy Breen (Ireland)</i>	
17:15-18:30	INDUSTRY PRESENTATIONS: Novo Nordisk, Lilly Chair: Euan Woodward (UK)		
18:30-19:00	CLOSE		
19:00	DINNER		



THURSDAY 29 SEPTEMBER 2022

COMs SUMMIT/BEST OF ECO

09:00-10:30	SESSION 5 Chairs: Abdullah Bereket (Turkey), Jennifer Baker (Denmark)		
09:00-09:45	Understanding obesity as a disease, including the understanding of energy regulation in childhood obesity diagnosis, treatment, and follow-up	<i>Jens-Christian Holm (Denmark)</i>	
09:45-10:30	The impact of energy regulation on values and strategies in pedagogy and communication in daily clinical practice	<i>Jens-Christian Holm (Denmark)</i>	
10:30-11:00	COFFEE BREAK		
11:00-12:30	SESSION 6 Chairs: Sinem Kiyici (Turkey), Erica van der Akker (Netherlands)		
11:00-12:00	COMs Clinical Cases	<i>Hermann Toplak (Austria), Davor Stimac (Croatia)</i>	
12:00-12:30	Impact of weight Cycling in Obesity	<i>Marwan El Ghoch (Lebanon/Italy)</i>	
12:30-14:00	LUNCH		
14:00-15:30	SESSION 7 Chairs: Selçuk Dagdelen (Turkey), Jens-Christian Holm (Denmark)		
14:00-14:30	COMs Clinical Case on Childhood Obesity	<i>Abdullah Bereket (Turkey)</i>	

Bu toplantı NOVO NORDISK ve BMED firmalarının Koşulsuz Eğitim Desteği ile gerçekleştirilecektir.



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14:30-15:00	Best of ECO: Towards Personalised Interventions	<i>Ruth Loos (Denmark)</i>	
15:00-15:30	Best of ECO: Mental Health and Stigma	<i>Ximena Ramos-Salas (Sweden)</i>	
15:30-16:00	COFFEE BREAK		
16:00-18:00	SESSION 8 Chairs: Feray Akbaş (Turkey), Maria Bryant (UK)		
16:00-16:30	Best of ECO: Effect of obesity treatment on Physical fitness and function	<i>Grace O'Malley (Ireland)</i>	
16:30-17:00	Best of ECO: Community and systems approach to reducing obesity in children	<i>Maria Bryant (UK)</i>	
17:00-17:30	Best of ECO: Co-creation and Community Engagement in Obesity Prevention and Treatment	<i>Janas Harrington (Ireland)</i>	
17:30-18:00	Best of ECO: The OBESTIGMA study: an assessment of obesity discrimination and weight bias in Spain	<i>Albert Lecube (Spain)</i>	
18:00-19:00	Best of ECO: Real world insights to optimise support for people living with obesity	<i>James Stubbs (UK), Louisa Ells (UK)</i>	
19:00-20:00	CLOSE		
20:00	DINNER		



FRIDAY 30 SEPTEMBER 2022

COMs SUMMIT/BEST OF ECO

09:00-11:00	SESSION 9 Chairs: Volkan Yumuk (Turkey), Ximena Ramos-Salas (Sweden)		
09:00-09:30	Best of ECO: Adipobiology at the Crossroad of Obesity Research	María del Mar Malagón (Spain)	
09:30-10:00	An Update from WOF: Towards a WHO Resolution	Johanna Ralston (US)	
10:00-10:30	Best of ECO: Policy Update - EASO Changemaker Programme	Jacqueline Bowman-Busato (Belgium)	
10:30-11:00	Best of ECO: Short-and Long-term Complications of Obesity in Children and Adolescents	Jennifer L Baker (Denmark)	
11:00-11:30	COFFEE BREAK		
09:00-11:00	SESSION 10 Chairs: Seda Sancak (Turkey), Janas Harrington (Ireland)		
11:30-12:00	Best of ECO: Digital Technology Approaches to Prevention and Treatment of Obesity	Grace O'Malley (Ireland)	
12:00-12:30	Best of ECO: Settings based approaches to obesity prevention	Dana Mullerova (Czech Republic)	
12:30-14:00	LUNCH		
14:00	RETURNS		

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